



Confident parenting in a world of screens

A video-based session on parenting in a digital age



Wednesday 4th October from 6.30 - 8.30pm

**Venue: Saint Cecilia's Church of England School
in partnership with Care for the Family**

*Would you like to gain an understanding of the online world your children inhabit?
Would you like to know more about how to keep your child safe online?
Do you feel alone when it comes to experiencing the challenge of parenting in a digital age?*

Following the success of Katherine Hill's popular book, '*Left to Their Own Devices?*', we are delighted to give parents at Saint Cecilia's the opportunity to attend a workshop, based on the book, and developed by Care for the Family.

This 90-minute workshop aims to address the challenges posed by the online world (e.g gaming, pornography) and give parents practical tips on navigating a world of screens. As well as helping parents keep their children safe online, this workshop will encourage parents to involve their children in setting boundaries in the home and making positive choices for themselves.