



## PSHE Curriculum Updates Autumn 2023

This term has been extremely busy in PSHE. Here is a quick overview of what pupils and students have been learning, discussing, debating and exploring:

- Year 7 have been focusing on identity: who they are, what makes them unique, how to deal with difficult emotions including anger. Then, pupils have had one careers lesson, exploring Unifrog and jobs they think are interesting. Lastly, pupils have been thinking about healthy hygiene habits, diet and mental health.
- Year 8 have been focusing on risky substances and risky behaviours around alcohol, cigarettes, vapes and drugs. They have been discussing the reasons why people will use these substances and the physical, social, emotional and financial consequences. Next, they have been learning what constitutes a healthy friendship and relationship and then looking at the warning signs of abusive relationships, the law around image sharing and being respectful.
- Year 9 have been focusing on online safety: digital footprints, why it's important think clearly about what you post online, how to tell fake news, and the tragic story of Breck Bednar who was groomed online and killed by someone he thought was his friend. Next, they have been hearing different political voices from the situation in Afghanistan, to China's three child policy, to social justice.
- Year 10 have been developing their financial literacy from bank accounts to how tax works and where income tax goes. Next, they have been exploring views, perspectives, thoughts and feelings around gender, sex and sexuality. This learning includes understanding what sexism looks like, why it happens, how to report this and why it is always wrong to sexually harass or abuse someone.
- Year 11 have been working on their CVs, interview skills and practising for Sixth Form consultation and college interviews. For the rest of the term, they are using valuable revision techniques from their mentors to prepare for the mock exams.
- Year 12 have spent a lot of time focusing on Relationships and Sex Education including types of STIs, how to keep sexually healthy, different forms of contraception, how pornography can impact your ideas of sex and relationships and what true consent means and looks like. After this, Year 12 have been focusing on their Philosophy, Ethics and Theology (PET) projects which are independent research enquiries on a topic of their choice. This could be any from 'Can Christians be feminists' to 'What are the ethics of horse racing?'. Students will continue this into the Spring Term.
- Year 13 have discussed, explored and debated trans people, trans rights and the history of trans people in cinema. This has generated viewpoints and developing students' ability to express their ideas clearly, respectfully and thoughtfully. Next, students have been using PriceWaterhouseCooper resources to learn about how to read payslips, how tax works, what pensions are and the difference between renting and buying a house.