

# Collective Worship Booklet

Summer 2 2023

5th June - 21st July



Theme: Fruit of the Spirit

'But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control'

(Galatians 5:22-23)

#### **Notes:**

One of the big questions we've been thinking about in our SIAMS team this year has been "what is our definition of 'spirituality'"? (or 'spiritual development').

It's such a broad term and it can therefore be defined in many different ways, but we want to simplify it by rooting in the 'Fruit of the Spirit' - which is already a familiar concept with our students and is already firmly rooted in our Christian ethos.

I have therefore decided to revisit the Fruit of the Spirit as our macro-theme for this last half term of the year. The goal for this series in our Collective Worship is to help students **reflect back on the year** that they are completing and look forward to the year that is to come using the fruit of the spirit as a framework.

The key content I'd like HLs and YLs to explore with students in the Collective Worship are:

## **Biblical understanding**

What does Jesus/the Bible say about this (i.e love/joy/peace etc)? Help students understand the theme verse and perhaps give an example from a bible story or character where this Fruit of the Spirit (FOTS) is seen.

## **Looking back**

- Where have we seen this FOTS demonstrated in our school community in this last year? What are the good examples we can highlight and celebrate?
- Perhaps also give an example from wider society in the last year- try to avoid obvious or previously used characters- maybe even avoid famous people and go for stories from people in your circles.
- In what ways have I demonstrated this FOTS in this past year? (personal reflection)
- In what ways have I fallen short of this?

#### **Looking forward**

- What do I need to start, stop, or change next year in order to grow in and demonstrate this FOTS?

## **Themes and Verses**

Week	House	Year Assembly
5 <sup>th</sup> June	Theme: Love	Theme: Joy
	Verse: 'A new command I give you: Love one another. As I have loved you, so you must love one another.' (John 13:34)	Verse: 'Until now you have not asked for anything in my name. Ask and you will receive, and your joy will be complete.' (John 16:34)
	Virtual	Virtual
12 <sup>th</sup> June	Theme: Peace	Theme: Patience
	Verse: 'Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.' (Colossians 3:15)	Verse: 'Patience leads to abundant understanding, but impatience leads to stupid mistakes.' (Proverbs 14:29)
	Virtual	Virtual
19 <sup>th</sup> June	Theme: Kindness	Theme: Faithfulness
	Verse: 'Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.' (Ephesians 4:32)	Verse: 'If you are faithful in little things, you will be faithful in large ones. But if you are dishonest in little things, you won't be honest with greater responsibilities.' (Luke 16:10)
	Virtual	Virtual
26 <sup>th</sup> June	Theme: Gentleness	Theme: Self-control
	Verse: 'Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.' (Matthew 11:29)	Verse: 'Like a city whose walls are broken through is a person who lacks self-control.' (Proverbs 25:28)
	Virtual	Virtual
3 <sup>rd</sup> July	Theme: Goodness	Theme: SLT Voice
	Verse: 'Do not be overcome by evil, but overcome evil with good.' (Romans 12:21)	
	Live – House Captains	Live
10 <sup>th</sup> July	Celebration Live	Celebration Live
4 =th · ·	Lead by House Leader	Lead by Year Leader
17 <sup>th</sup> July	Activities Week	Activities Week

# Prayers: Starting and ending Collective worship

I continue to encourage YLs and HLs to indicate the transition from any announcements that are given into Collective Worship by saying:

'In the name of the Father, Son and Holy Spirit...'

Can I also remind all that we finish every day with students- whether in assemblies or mentor groups by saying the Grace prayer:

'May the Grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit, be with us all, evermore. Amen.'

## **Further Help?**

Don't forget there are lots of resources on the Z drive.

For Mentors, there is good guidance given in the Mentors Handbook which Anessa Lee created and sent out at the start of the year.

For everyone, please do not hesitate to ask me for help or feedback as you start to work on the content for your assemblies.

#### **Christian Meditation**

Christian meditation is different to other forms, such as Mindfulness, because the focus is Jesus Christ. Learning to meditate helps us face and resolve conditioned patterns of mind that need to change. It won't make any of us perfect but it helps to calm mental agitation and negative thinking.

'Meditation is a healing process. What is healed is the wound of our divided self that separates us from others, from God and so from our full potential.' (John Main OSB)

### **How to Meditate in Mentor Groups**

Ask all mentees to sit down. Sit still and upright. Close your eyes lightly. Sit relaxed but alert. Silently, concentrate on a word that you can say repeatedly in your head (for example 'Maranatha' which means 'Come Lord Jesus') or an object such as a candle that you can imagine or actually focus on. Try not to think of anything other than your word or object.

After a minute of silence, direct your mentees to run through their day so far in their heads. Pause between each instruction. (Please use your judgement about how many of these to include but always include the final two instructions- in bold.)

Ask them to think and reflect about:

- How they felt when they woke up this morning
- Who they interacted with at home
- Their journey to school
- How they felt when they walked in through the school gates
- Each lesson they had
- When they had worked hard
- What made them feel sad or angry during the day
- Things that had happened that made them feel happy
- Where they feel that God had been most present in their day
- Then ask them to thank God for bringing them to the end of the school day and to place the rest of the day in His hands

After a time of silent reflection, ask mentees to open their eyes and remain seated quietly. The Grace prayer can be used to finish off this time and/or The Lord's prayer.

The Lord's Prayer Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are Yours now and forever. Amen

