

# Collective Worship Booklet

Autumn 1 2022

5<sup>th</sup> September – 16<sup>th</sup> December



**We are SAINT CECILIA'S**

## **Dear YLs, HLs and Mentors**

In this first half term, in both our House and Year collective worship, we will be going over the values we want to live out as a school. These are not new; they have just been put into the CECILIAS acronym which hopefully helps all of us to remember easily. We want staff and students in every year group (7-13) and in every House (SAINTC) to demonstrate these values. With the help of YLs, HLs and Mentors, our collective worship this half term will be given to exploring what each of these things mean. Thereafter, it is our responsibility to keep each other accountable to it. So just as we have the S.A.I.N.T.C acronym for our Houses, here is what C.E.C.I.L.I.A.S will henceforth represent:

### **Creativity**

“Whatever you do, do it from the heart, as something done for the Lord and not for people”  
(Colossians 3:23)

### **Excellence**

“In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”  
(Matthew 5:16)

### **Community**

“For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others.”  
(Romans 12:4-5)

### **Inclusivity**

“Accept one another, then, just as Christ accepted you, in order to bring praise to God.”  
(Romans 15:7)

### **Love for Learning**

“Wisdom is supreme - so get wisdom. And whatever else you get, get understanding.”  
(Proverbs 4:7)

### **Integrity**

“Whoever walks in integrity walks securely, but those whose ways are crooked will be found out.”  
(Proverbs 10:9)

### **Aspiration**

“I can do all things through Christ who strengthens me.”  
(Philippians 4:13)

### **Service**

“Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.”  
(1 Peter 4:10)

***“What gets celebrated gets repeated”***

I heard the quote above just a couple of days ago and it really struck me as being true...particularly for children and young people.

So, in planning the content of your collective worship, can I encourage you to draw on as many examples from past or present students where CECILIAS values have been demonstrated. The more these are highlighted and celebrated, the more it will be replicated.

Furthermore, I would encourage YLs to continue to take special mentions from teachers for when they have seen students demonstrating CECILIAS and to celebrate these as you already do at the start of your Year collective worship. Similarly, use those ends of half term gatherings to celebrate students who have consistently demonstrated these values.

## Themes and Verses

Week	House	Year Assembly
5 <sup>th</sup> September	Theme: Welcome  Verse: Romans 15:7	
12 <sup>th</sup> June	HL led: SAINTC	<p><b>Chaplain – Excellence</b>            “In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”            (Matthew 5:16)</p> <p>We want to promote a culture where students give their best in everything they do. We recognise that students will have strengths in different areas, so everyone’s best will not look the same, but everyone must give their best. We want students not just to get by, but to thrive.</p>
19 <sup>th</sup> September	<p><b>Creativity</b>  <b>Verse:</b> “Whatever you do, do it from the heart, as something done for the Lord and not for people” (Colossians 3:23)</p> <p>We want to promote a culture that encourages students to use the gifts they have already discovered and to have the courage to try new things.</p>	<p><b>Chaplain – Excellence</b>  <b>Verse:</b> “In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”            (Matthew 5:16)</p> <p>We want to promote a culture where students give their best in everything they do. We recognise that students will have strengths in different areas, so everyone’s best will not look the same, but everyone must give their best. We want students not just to get by, but to thrive.</p>
26 <sup>th</sup> September	<p><b>Community</b>  <b>Verse:</b> “For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others.”            (Romans 12:4-5)</p> <p>We want to promote a culture where everyone feels known, loved and that they belong.</p>	<p><b>Inclusivity</b>  <b>Verse:</b> “Accept one another, then, just as Christ accepted you, in order to bring praise to God.”            (Romans 15:7)</p> <p>We want to promote a culture where diversity is celebrated but unity is at the core and at the foundation.</p>

Week	House	Year Assembly
3 <sup>rd</sup> October	<p><b>Love for Learning</b>  <b>Verse:</b> “Wisdom is supreme—so get wisdom. And whatever else you get, get understanding.” (Proverbs 4:7)</p> <p>We want to promote a culture where students enjoy learning- not just in classroom times but from all that the school community has to offer- mentor times, collective worship, extra - curricular clubs, trips, special events.</p>	<p><b>Integrity</b>  <b>Verse:</b> “Whoever walks in integrity walks securely, but those whose ways are crooked will be found out.” (Proverbs 10:9)</p> <p>We want to promote a culture where students always do the right thing even when no one is looking.</p>
10 <sup>th</sup> October	<p><b>Aspiration</b>  <b>Verse:</b> “I can do all things through Christ who strengthens me.” (Philippians 4:13)</p> <p>We want to promote a culture where the aspirations of staff for students is paralleled by students who have high aspirations for themselves.</p>	<p><b>Service</b>  <b>Verse:</b> “Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.” (1 Peter 4:10)</p> <p>We want to promote a culture where students seek to respond to the needs they see around them- not just in school, but in our wider community and beyond.</p>
17 <sup>th</sup> October	<b>HL Led</b>	<b>Year Led</b>

### **Prayers: Starting and ending Collective worship**

I continue to encourage YLs and HLs to indicate the transition from any announcements that are given into collective worship by saying:

*'In the name of the Father, Son and Holy Spirit...'*

Can I also remind all that we finish every day with students- whether in assemblies or mentor groups by saying the Grace prayer:

*'May the Grace of our Lord Jesus Christ,  
the love of God and the fellowship of  
the Holy Spirit, be with us all,  
evermore.  
Amen.'*

### **Further Help?**

Don't forget there are lots of resources on the Z drive.

For Mentors, there is good guidance given in the Mentors Handbook which Anessa Lee created and sent out at the start of the year.

For everyone, please do not hesitate to ask me for help or feedback as you start to work on the content for your assemblies.

## Christian Meditation

Christian meditation is different to other forms, such as Mindfulness, because the focus is Jesus Christ. Learning to meditate helps us face and resolve conditioned patterns of mind that need to change. It won't make any of us perfect but it helps to calm mental agitation and negative thinking.

*'Meditation is a healing process. What is healed is the wound of our divided self that separates us from others, from God and so from our full potential.'* (John Main OSB)

### How to Meditate in Mentor Groups

Ask all mentees to sit down. Sit still and upright. Close your eyes lightly. Sit relaxed but alert. Silently, concentrate on a word that you can say repeatedly in your head (for example 'Maranatha' which means 'Come Lord Jesus') or an object such as a candle that you can imagine or actually focus on. Try not to think of anything other than your word or object.

After a minute of silence, direct your mentees to run through their day so far in their heads. Pause between each instruction. *(Please use your judgement about how many of these to include but always include the final two instructions- in bold.)*

Ask them to think and reflect about:

- How they felt when they woke up this morning
- Who they interacted with at home
- Their journey to school
- How they felt when they walked in through the school gates
- Each lesson they had
- When they had worked hard
- What made them feel sad or angry during the day
- Things that had happened that made them feel happy
- **Where they feel that God had been most present in their day**
- **Then ask them to thank God for bringing them to the end of the school day and to place the rest of the day in His hands**

After a time of silent reflection, ask mentees to open their eyes and remain seated quietly. The Grace prayer can be used to finish off this time and/or The Lord's prayer.

**The Lord's Prayer** Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are Yours now and forever. Amen

