

Collective Worship Booklet

Autumn 1 2021

1st September – 24th October 2021



Theme: New

Dear YLs, HLs and Mentors,

In this half term which leads towards Christmas, I want to challenge our students not only to think about the awesome miracle of Christ coming as a baby, but to go on to see what we can learn from His life and attitude. We will be drawing our verses from the book of Philippians, Chapter 2.

Please see below for breakdown of themes and verses for each week.

⁵ Your attitude should be the same as that of Christ Jesus:

*⁶ Who, being in very nature God,
did not consider equality with God something to be grasped,*

*⁷ but made himself nothing,
taking the very nature of a servant,
being made in human likeness.*

*⁸ And being found in appearance as a man,
he humbled himself
and became obedient to death—
even death on a cross!*

*⁹ Therefore God exalted him to the highest place
and gave him the name that is above every name,
¹⁰ that at the name of Jesus every knee should bow,
in heaven and on earth and under the earth,
¹¹ and every tongue confess that Jesus Christ is Lord,
to the glory of God the Father.*

(Philippians 2:5-11)

Themes and Verses

“For I am about to do something new. See, I have already begun! Do you not see it? I will make a pathway through the wilderness. I will create rivers in the dry wasteland.

(Isaiah 43:19)

Week	House	Year Assembly
6 th Sept	No assemblies	No assemblies
13 th Sept	House leaders	Led by Renata/Alex (except Sixth Form form)
20 th Sept	Led by Lucy/James/Alex	Led by Renata/Alex (except Year 7)
27 th Sept	Led by Lucy/James/Alex	Year Leaders
4 th Oct (Harvest Collection announcements)	Led by Lucy/James/Alex	Year Leaders
11 th Oct	House Leaders	Year Leaders
18 th Oct	House Leaders	Year Leaders

Prayers: Starting and ending Collective worship

I continue to encourage YLs and HLs to indicate the transition from any announcements that are given into collective worship by saying:

‘In the name of the Father, Son and Holy Spirit...’

Can I also remind all that we finish every day with students- whether in assemblies or mentor groups by saying the Grace prayer:

*‘May the Grace of our Lord Jesus Christ,
the love of God and
the fellowship of the Holy Spirit,
be with us all, evermore.
Amen.’*

Further Help?

Don’t forget there are lots of resources on the Z drive.

For Mentors, there is good guidance given in the Mentors Handbook which Anessa Lee created and sent out at the start of the year.

For everyone, please do not hesitate to ask me for help or feedback as you start to work on the content for your assemblies.

Christian Meditation

Christian meditation is different to other forms, such as Mindfulness, because the focus is Jesus Christ. Learning to meditate helps us face and resolve conditioned patterns of mind that need to change. It won't make any of us perfect but it helps to calm mental agitation and negative thinking.

'Meditation is a healing process. What is healed is the wound of our divided self that separates us from others, from God and so from our full potential.' (John Main OSB)

How to Meditate in Mentor Groups

Ask all mentees to sit down. Sit still and upright. Close your eyes lightly. Sit relaxed but alert. Silently, concentrate on a word that you can say repeatedly in your head (for example 'Maranatha' which means 'Come Lord Jesus') or an object such as a candle that you can imagine or actually focus on. Try not to think of anything other than your word or object.

After a minute of silence, direct your mentees to run through their day so far in their heads. Pause between each instruction. *(Please use your judgement about how many of these to include but always include the final two instructions- in bold.)*

Ask them to think and reflect about:

- How they felt when they woke up this morning
- Who they interacted with at home
- Their journey to school
- How they felt when they walked in through the school gates
- Each lesson they had
- When they had worked hard
- What made them feel sad or angry during the day
- Things that had happened that made them feel happy
- **Where they feel that God had been most present in their day**
- **Then ask them to thank God for bringing them to the end of the school day and to place the rest of the day in His hands**

After a time of silent reflection, ask mentees to open their eyes and remain seated quietly. The Grace prayer can be used to finish off this time and/or The Lord's prayer.

The Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are Yours
now and forever. Amen

